

Having Twins or More?

Want to learn about breast-feeding your babies?



Attending an Australian Breastfeeding Association Breastfeeding Education Class compliments the knowledge gathered at antenatal classes, and give you the opportunity to:

- Learn some of the skills you will need to care for your new babies
- Make informed choices about breastfeeding
- Realistically prepare for the changes about to happen in your life
- Discuss questions and concerns you may have about breastfeeding
- Develop a support network before giving birth
- Meet other women who share your commitment to breastfeeding
- Find your own path amidst all the varying advice

Classes are held regularly at:

The Australian Breastfeeding Association Breastfeeding Centre
3/71 Robinson St Dandenong

visit www.abavic.asn.au to view the class calendar.

Book and pay by credit card phone 9791 4644

At what stage of my pregnancy should I attend a class?

Please consider a class during your second trimester - ie between weeks 13 and 24. This is to allow for the mother's comfort and babies who arrive early. Of course, we are also happy to accommodate those further along than this!

